



ELBOW

CADAVERIC WORKSHOP

Theme: Comprehensive update about efficient management of elbow pathologies.

Course Description:

Bangalore Elbow Course is the comprehensive update on contemporary management of elbow issues including trauma, sports injuries, and nerve pathologies. It includes lectures, video presentations, group discussion, one to one interaction with faculty members and hands on skill application on cadavers. A session on introduction to elbow arthroscopy has been included. Orthopaedic surgeons aspiring to excel in this specialty will have an opportunity to discuss the issues related to elbow.

Topic:

- Lateral elbow- Approaches, Tennis Elbow Release, LUCL repair and Reconstruction, Radial Tunnel release, Radial head fixation and replacement.
- Medial elbow- Approach, Cubital tunnel release, ulnar nerve transposition, Medial coronoid facet ORIF., Elbow arthrolysis
- Posterior – TRAP approach, Chevron Osteotomy, Ulna – TBW and Plate fixation.
- Distal humerus fixation and Biceps Repair
- Elbow arthroscopy- Indications, portal placements, Diagnostic and therapeutic value, Advantages and how to avoid complications

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Course Features:

- Relive and recorded surgical demonstration videos of the various surgical procedures by the International and National faculty.
- Cadaveric workshop on fresh frozen cadavers with hands-on learning of the various approaches to elbow, complex procedures of ligament reconstruction, and nerve releases.
- To learn fixation of various fractures around elbow with radial head replacement.
- Group Discussion.
- Video presentations. Specially added feature of introduction to elbow arthroscopy.

Course Objectives:

- Discuss principles of management of common elbow pathologies.
- Choose proper surgical approach.
- Get acquainted with instrumentation and methods to use it.
- Discuss the prevention and management of complications.
- Analyse the literature regarding outcome of common elbow pathologies. Indications and portal placements in elbow arthroscopy for highlighting diagnostic and therapeutic values.

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